February 13, 2015

LIVE ON CAMPUS NEXT YEAR

If you aren't sure where to live next year, we encourage you to sign a housing contract, go on Access Plus and secure a spot. Protect yourself. If you find something else you can cancel your housing contract by March 1 without penalty. Check out http://www.housing.iastate.edu/. Call 515-294-2900 with questions.

CHECKING OUT?

Please don’t just leave. There is paperwork to complete and keys to return. Contact the office (515-294-2107) or the CA on Call (515-290-1652) for information on what to do to have a successful checkout so you can avoid additional charges.

OPEN MIC NIGHT - SATURDAY, FEBRUARY 21

- You still have time to sign up…don’t be shy!
- Deadline to participate is Wednesday February 18 by 5pm
- Sign up in the Frederiksen Court Main Office or email frederiksencourt@iastate.edu
- Perform for a chance to win a $100 grand prize to a place of your choice (Wal-Mart, Target, Hy-Vee)
- 9pm Hawthorn Seating Area
- Come see all the great talent Freddy Court has to offer!
- Free refreshments provided…because who doesn’t love free food?

FREDDY COURT HOCKEY NIGHT - SATURDAY, FEBRUARY 28

⇒ Because…Hockey!
⇒ *Free ticket and transportation to and from the game*
⇒ Transportation: Plan to leave Freddy between 6:30 – 7:15pm
⇒ Game time: 7:30pm
⇒ Sign up for this fun filled night in the Freddy Court Main Office by Thursday, February 26, 12pm.

HOW AND WHERE TO GET HELP AT FREDDY

Put this number in your cell … 515-290-1652. It’s the Freddy CA on Call and provides 24/7 assistance. The Freddy Office is open 8am-5pm, Monday-Friday and is located in the Freddy Community Center, room 1010. We are here to help!

MAY CHECK OUT DEADLINE

If your Freddy contract ends in May and you are not staying at Freddy for the summer, the deadline to be checked out of your apartment is 6 pm, Saturday, May 9. Make plans with this date in mind as requests to stay late cannot always be granted.

THIS SUMMER AT FREDDY

The 2015 summer contract will be on Access Plus around March 1. Watch Access Plus for that link. Buildings open for summer residents will be all of the 30s, 50s, 60s, 70s and 80s.
ARE YOU A CHANGE AGENT?


FEEL LIKE A SUSTAINABILITY CELEBRITY ON THE GREEN CARPET!

Join The Green Umbrella and The Office of Sustainability to celebrate sustainability on the Iowa State University Campus at Sustainapalooza 2015 on February 24, 5-8pm! Make homemade lip balm; learn sustainable outdoor skills; create hats from t-shirts to support Dance Marathon’s kiddos; enjoy local food refreshments; churn ice cream with a bicycle and get green giveaways. For more information: https://www.facebook.com/events/952801841415502/ or www.livegreen.iastate.edu.

AVOID LOCKOUTS...CARRY KEYS & CARD AT ALL TIMES

Your first lock out is free, but all other after hours lockouts cost you $25. Avoid paying $25. Make sure you have your keys and card when you leave the apartment. Make sure your access card is working. If you do get locked out, call your roommates to let you in before calling the CA on Call. Be responsible. Avoid lock outs … day and night!

HIRING SUMMER CONFERENCE STAFF

Looking for a great summer job? Consider working for the Department of Residence as Summer Conference Staff! We provide front-line quality service to summer conference guests of all ages in our facilities. We’re looking for friendly, flexible, and hard-working staff who want to develop valuable job skills and work on a dedicated, fun-loving team. Pay is $7.50/hour with free housing at selected Frederiksen Court apartments, a 30 block meal plan block & $400 Dining Dollars (other housing and salary options are available). The job lasts from May 13-August 2. You can stay in Ames and take a class! Applications are online at http://www.housing.iastate.edu/conferences/stu-employment/ and are due 11:59 p.m. Sunday, February 15.

ITS ON US

It’s On Us is a national initiative to bring awareness and prevention of sexual assault on America’s college and university campuses. To help spread the word about the issue of sexual assault generally and ISU’s efforts specifically, the Department of Residence has created bulletin boards to inform students about the importance of sexual assault prevention and intervention, as well as those resources that are available to those who have experienced sexual assault.

Campus Resources:
- Cyclones look out for one another. If you see something, say something.
- When seeing something that makes you uncomfortable, most people will want you to intervene. Be direct, get help, or seek ways in which to stop the behavior (create a distraction, draw attention to the situation, or separate the individuals).
- Non-consensual sex is sexual assault. If someone does not or cannot consent to sex, it’s rape.
- If someone tells you he/she has been sexually assaulted, believe, listen, and support.
- Create an environment within your community where sexual assault is unacceptable and survivors are supported.
CONNECT WITH YOUR ROOMMATES

It's important to have a roommate meeting where all of you can…

- Exchange cell numbers in case you need to call or text.
- Discuss how will cleaning and tasks like taking out the trash be divided among you? What about everyone “picking up” after themselves...making this a standard practice?
- Talk about how everyone is responsible for keeping the apartment in good condition. Everyone should help!
- Decide if you will buy groceries together or separately? What about things like toilet paper, cleaning supplies and dishwasher soap?
- Decide if it’s okay to use each other’s things or eat each other’s food?
- Talk about hosting parties and having friends over. Discuss the laws and policies about alcohol and how all of you are responsible for your guests.
- Agree that every apartment needs a good toilet plunger (we have low flow toilets at Freddy). Decide who will buy the plunger.
- Talk about study and sleep needs. How will the TV, alarms, lights and late night computer time impact each other?
- Talk about visitors. Is it okay to have friends spend the night? Agree that no one else can live in the apartment because that can impact all of your housing contracts.
- Who gets the mail from your mailbox? Where is it put?
- Agree to keep the apartment locked and dead bolted. Agree to not have it unlocked so friends can come in when you are not there.
- Agree to not allow anyone to smoke in the apartment (or anywhere at Freddy).
- Agree to not have a pet or allow pets to visit. Only fish are allowed...nothing else. If a pet is found, all of you could be held responsible because you allowed it to be there.
- Talk about other policies and how you can help each other live successfully at Freddy.
- If you need any help with this meeting or these issues, contact your CA or the Freddy Office for assistance.

HAWTHORN MARKET & CAFÉ

Dinner Special
ALWAYS & FOREVER
February 13th 5pm-8pm

EAT IN
Honey Rosemary Chicken
Bow Tie Pasta
Roasted Garlic Alfredo Sauce
Roasted Brussel Sprouts
Honey Wheat Roll
Honey Butter
Peppermint Cheesecake
Valentine Cookies

CARRY OUT

GO CYCLONES!